Al-Nahrain University College of Medicine

Course Title & Code: Dermatology (Clinical) (MEDDerm-5C)

Grade: Fifth year

Semester: First & second semester

Total Hours: 45 hours / 3 wk. - Hours/week: 15hours / wk. - Credits: 1.5

Lecturers:

Assistant professor Dr. Iqbal Ghalib

Assistant professor Dr. Hasan Nasir

Lecturrer Dr. Kholood Abbas

Lecturrer Dr. Ethar Falah

1. Learning objectives

Upon completion of this course, the 5th year medical student at Al-Nahrain College of Medicine will be able to:

- 1. Recognize the importance of dermatology & venereology to other medical specialties.
- 2. Establish basic skills of communication with patients
- 3. Identify the manifestations & the clinical presentations of dermatological & Venereological disorders.
- 4. Define the causes & the provoking factors of these skin disorders.
- 5. Evaluate the importance of different investigations in defining these disorders if needed.
- 6. Make an overview about management plan of any of these disorders.

2. Instructional and Learning methods and tools

Small-group teaching, problem-based or case-based learning, bedside teaching, clinical demonstrations.

3. Syllabus

No.	Clinical Session Title	Hours
1	Taking proper history& detailed clinical examination	3
2	Eczema	3
3	Psoriasis	3
4	Acne& related diseases	3
5	Urticaria	3
6	Viral skin disorders	3

7	Bacterial skin disorders	3
8	Parasitic skin disorders	3
9	Lichen planus & Erythema multiforme	3
10	Hair diseases	3
11	Pigmentary skin diseases	3
12	Superficial fungal skin infections	3
13	Skin tumours	3
14	Dermatologic emergencies	3
15	Cutaneous manifestations of systemic diseases	3
	Total	45

Detailed Curriculum of clinical course:

Week	Hours	Tutors	Content	Objectives
1	15	- Dr. Iqbal Ghalib	-Taking proper	- Demonstrating knowledge in history
			history&	taking & recognition of physical signs.
		- Dr. Hasan Nasir	detailed clinical	
			examination	
		- Dr. Kholood Abbas		
			-Eczema	- Define eczema, identify & recognize the
		- Dr. Ethar Falah		clinical features as well as the
				management of its common types.
			-Psoriasis	 - Define & classify psoriasis, and identify the related clinical provoking & exacerbating factors of it. - Clarify clinical presentations, variants & management of psoriasis.
			-Acne & related diseases	- Define acne as well as rosacea& identify their clinical provoking factors, clarify & describe the presentations, complications & management of both problems.
			-Urticaria	 Define urticaria& other related conditions, classify urticaria & describe its related provoking factors. Describe the clinical features, investigations, differential diagnoses & full management of urticaria & other related conditions.
2	15	- Dr. Iqbal Ghalib	-Viral skin	- Identify the clinical types & the main
			disorders	triggering factors for viral skin diseases
		- Dr. Hasan Nasir		& list the commonest viral diseases of the
				skin.

- Dr. Kholood Abbas - Dr. Ethar Falah		- Clarify the different clinical presentations & management of the commonest types of viral skin problems.
	-Bacterial skin disorders	 Identify the clinical types & the triggering factors for bacterial skin diseases. Describe the common bacterial diseases of the skin as well as the clinical presentations & the management of the commonest types of bacterial skin disorders.
	-Parasitic skin disorders	 -Identify the clinical types of cutaneous leishmaniasis, pediculosis & scabies. - Approach to patients with common parasitic infestations of the skin. - Describe the indication for treatment & indication for topical & systemic modalities.
	-Fungal skin disorders	 Identify the different superficial fungithat affects the skin & identify the clinical types & presentations of dermatophytosis, pityrosporum infections& candidiasis. Clarify types of antifungal & indications for each one of them.
	-Sexually transmitted diseases (STD)	-Define sexually transmitted diseases STD. - Identify risk factors & complications of STD. - Describe the common presentations of STD. - Recognize the clinical features &
		management of common STD. - Evaluate the diagnostic methods used for syphilis & their explanation. - Recognize treatment, follow up, prevention & control of syphilis.

3	15	- Dr. Iqbal Ghalib	-Lichen planus	- Define & classify lichen planus &
			& Erythema	erythema multiforme.
		- Dr. Hasan Nasir	multiforme	- Clarify clinical presentations, clinical
				variants & management of both
		- Dr. Kholood Abbas		conditions.
		- Dr. Ethar Falah	Pigmentary	-Identify disorders of
			skin diseases	hypopigmentation& hyperpigmentation.
				- Clarify the clinical presentations,
				clinical variants & management of
				common conditions.
			-Hair & nail	- Describe the clinical features &
			problems	management of common hair & nail
			Proceeding	disorders.
			-Other skin	- Describe the clinical features &
			problems	management of other important skin
			Problems	disorders.

Note:

Students are divided into 9 groups; each group composed of 25 -30 members. Upon completion of this course for the fifth year medical students at Al-Nahrain College of Medicine, they will have:

Knowledge for practice:

- 1. Collect data from history & clinical examination.
- 2. Classify skin lesions into primary & secondary lesions which assist in clinical diagnosis.
- 3. Identify the clinical features of common skin disorders.
- 4. Define the emergency situations in dermatology.
- 5. Explain how to interpret the abnormalities in investigations.
- 6. Describe the plan of treatment for each skin disease.

Clinical Skills/Patient Care:

- 1. Complete patient's history & physical exam in a respectful, logical, organized & thorough manner.
- 2. Evaluate & prioritize skin problems with which a patient presents.
- 3. Formulate a differential diagnosis based on the findings from the history & physical examination to help guide the needed diagnostic tests ordering & sequencing.
- 4. Formulate an initial therapeutic plan & explain the extent to which the therapeutic plan is based scientific evidence of effectiveness.

Practice Learning & Improvement:

- 1. Recognize when additional information is needed to care for the patient & Demonstrate ongoing commitment to self-directed learning.
- 2. Demonstrate ability to answer clinical questions using evidence-based medicine.
- 3. Analyze gaps in the knowledge & the skills.
- 4. Approach to reach the specific diagnosis (taking history & making clinical examination).
- 5. Define the useful investigations for each disease if needed.
- 6. Describe the outpatient treatments.

Based Practice:

- 1. Differentiate the role & the contribution of each member to the care of the patient.
- 2. Apply health based thinking to address an outcomes in patient care.
- 3. Consider patient, physician & system barriers (including cost) to Successfully describe treatment plans & patient adherence & understand strategies that may be used to overcome these barriers.

Interpersonal & Communication Skills:

- 1. Demonstrate appropriate listening & verbal skills to communicate empathy, elicit information regarding the patient's preferences & provide basic information & an explanation of the diagnosis, prognosis & treatment plan.
- 2. Perform as an effective member of the patient care team, incorporating skills in interprofessional communication & collaboration including giving & receiving feedback.
- 3. Document & orally present new patient & follow up patient cases (if needed) in a thorough & focused manner.

Professionalism:

- 1. Demonstrate a commitment to caring for all patients regardless of their dermatological diagnoses or other associated factors.
- 2. Exhibit respect toward all members of the health care team, as manifested by reliability, responsibility, honesty, helpfulness, selflessness & initiative in working.
- 3. Demonstrate a positive attitude towards learning by showing intellectual curiosity, initiative, honesty, integrity & dedication.

Teaching & Learning Methods:

- A. History.
- B. Clinical exam.
- C. Slides show.
- D. Educating students how to use laboratory tests & instruments to reach the diagnosis.
- 4. <u>Student assessment:</u> (100 marks)

Daily assessing through questioning & clinical cases approach by Mini-Clinical Evaluation Exercise (mini-CEX) 5 marks, as well as mid-course exam. (25 marks) & final course exam. (70 marks). (Recall information questions & analytic clinical question with slides show).

Students who fail to attain the 50% cut-off mark are required to re-sit for a second trial examination similar to the final one. Failing in the second trial entails the student to repeat the academic year.

5. Books and references:

- 1. Hunters Clinical Dermatology, 2015
- 2. Habif Clinical Dermatology: A Color Guide to Diagnosis and Therapy, 2021
- 3. Fitzpatrick's Color Atlas and Synopsis of Clinical Dermatology, 2017

Note: Please emphasize on:

- Instructional/learning methods that stimulates, prepare and support students to take responsibility for their learning process.
- The syllabus must include the principles of scientific method (including analytical and critical thinking) medical research methods, and evidence-based medicine.
- 3. In the curriculum identify and incorporate the contributions of the basic biomedical sciences to scientific knowledge, concepts and methods fundamental to acquiring and applying clinical science.
- 4. Acquire sufficient knowledge, clinical skills (include history taking, physical examination, communication skills, procedures and investigations, emergency practices, and prescription and treatment practices), and professional skills (include patient management skills, team-work/team leadership skills and inter-professional training) to assume appropriate responsibility after graduation
- Organize clinical training with appropriate attention to patient safety i.e. supervision of clinical activities conducted by students.